

Name ..... Date .....

# Food for Thought

**February 23, 2018**

Use this week's cover story to answer the questions. For each question, circle the letter next to the best answer.

**Read for Detail (RI.3.1; RI.4.1)****1.** How much does a medium pizza cost in Mumbai, India?

- A. \$7
- B. \$40
- C. \$10
- D. \$13

**Read for Detail (RI.3.1; RI.4.1)****2.** Why are fast-food companies interested in expanding to foreign countries?

- A. Other countries think of fast food as the cool food to eat.
- B. It is cheaper to produce the food.
- C. Fast-food companies can make more money in U.S. than they can in foreign countries.
- D. Foreign countries need to increase the amount of calories they consume.

**Analyze Information (RI.3.1; RI.4.1)****3.** Which of the following statements is true about the study Cambridge University conducted?

- A. Sixty percent of the calories African countries consume is ultra-processed.
- B. Nine out of the 10 healthiest countries are in Africa.
- C. In 2015, there were 10 countries honored for their healthy dieting.
- D. Sixty percent of American meals are homemade.

**Analyze Text Features (RI.3.3; RI.4.3)****4.** Who is Greta Moeller?

- A. a girl from Mumbai, India, featured in one of the photographs
- B. a girl from Malaysia featured in one of the photographs
- C. the author of the article
- D. a girl from Germany featured in one of the photographs

**Define Words and Phrases (RI.3.4; RI.4.4)****5.** What does pave the way mean in paragraph 4?

- A. break apart
- B. carve out
- C. lead to
- D. to impact

**Read for Detail (RI.3.1; RI.4.1)****6.** Which is an accurate statement about obesity as stated in the article?

- A. Obesity rates continue to increase.
- B. One out of every 40 kids is obese.
- C. Nine out of 10 kids are obese.
- D. The children in the article all suffer from obesity.

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**Define Words and Phrases (RI.3.4; RI.4.4)**

- 7. What does Gregg Segal mean by the last sentence in paragraph 5?
  - A. Home-cooked meals are junk.
  - B. Kids should help with cooking the meals.
  - C. The labor of cooking a meal helps burn calories.
  - D. Home-cooked meals result in healthier kids.

**Make an Inference (RI.3.1; RI.4.1)**

- 10. Why should you avoid foods with ingredients you cannot pronounce?
  - A. They are hard to order from a menu.
  - B. They tend to be unhealthy.
  - C. They are hiding ingredients.
  - D. They are an unnatural color.

**Read for Detail (RI.3.1; RI.4.1)**

- 8. What is Gregg Segal’s next project?
  - A. to write a book about how to grow grass
  - B. to create a portrait of children with food
  - C. to write a book about eating healthy
  - D. to travel the world for two years

**Read for Detail (RI.3.1; RI.4.1)**

- 9. According to the article, how can you tell if you are eating a balanced diet?
  - A. Take pictures of your food.
  - B. Keep track of your food and count your calories.
  - C. Pay attention to the color of your food.
  - D. Eat foods without color.

**Bonus** Gregg Segal traveled the world for two years working on the project featured in the article. Think about the statements made about fast-food being a status symbol. Is this true in America? Why or why not?

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